

# Friends of Adult Day Health Care Centers

## Title VI Notice of Rights Under Title VI

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The Friends of Adult Day Health Care Centers is committed to ensuring that no person shall be excluded from the equal distribution of its programs and services because of race, color or national origin in accordance with Title VI of the Civil Rights Act of 1964.

- FRIENDS provides services and operates programs without regard to race, color, and national origin in full compliance with Title VI.
- Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI while using Friends services may file a complaint with Friends. All complaints will be fairly investigated.
- To file a complaint, you may contact our Title VI Program Administrator, Lois Knowlton at (619) 466-3094; or by email: loisknow@aol.com; or visit the Friends' headquarters at 12250 Crosthwaite Circle, Poway, CA 92064.
- For more information about the Friends' Title VI program and complaint procedure, contact (858) 740-5044; or visit the Friends' website: friendsadhc.org.
- A complainant may file a complaint directly with the Federal Transit
  - Administration by filing a complaint with the Office of Civil Rights,
  - Attention: Title VI Program Coordinator, East Building, 5th Floor-TCR, 1200 New Jersey Ave., SE, Washington, DC 20590.
- If information is needed in another language, visit the Friends' website where documents are available in multiple languages. If language needed is not posted, call (858) 748-5044.